



elbitat
HOMES

WINEFULLNESS

in collaboration with

eteria
WELLNESS EXPERIENCE

SEP 21



7:00 PM

monday

BOOK NOW

**SAVOUR
THE PRESENT**
A journey
for mind
and palate

BAGNAIA - Elbitat Garden

**mindful eating and elban wine tasting
with sensory immersion**



Mario Donnici

psychotherapist & mindfulness expert



Riccardo Fioretti

winemaker



ACQUIABONA



Jennifer Di Giacomo

sommelier



Oana Adelina Braila

naturopath specialising in nutrition

**LIMITED PLACES
AVAILABLE**

FREE PARTICIPATION
with advance booking

book via the hotel WhatsApp chat